

## ▶▶ Free Health Service

**Bolton Clarke Homeless Persons Program** is a Community Health Nursing Program working with people who are homeless or at risk of homelessness and are experiencing physical and wellbeing issues. The service operates Monday, Tuesday, Thursday and Friday.

**Co-located at Community Support Frankston and SalvoCare**  
**Phone: 9783 7284 or 0459 382 981**

## ▶▶ Free Legal Advice

### Homeless Persons Legal Clinic

**Phone: 8636 4408 OR**  
**Toll Free: 1800 606 313**

*For people who are homeless or at risk of being homeless in Victoria.*

### Peninsula Community Legal Centre

**Phone: 9783 3600 OR**  
**Toll Free: 1800 064 784 to make an appointment**

*Providing free legal services for people who live, work or study in the Frankston.*

## ▶▶ Free Clinic for Pets

### Frankston "Pets in the Park"

*For more details contact Community Support Frankston on 9783 7284*

For information on Food, Groceries and Free Meal Services available in Frankston, call for a copy of our **"Where to Find Food Assistance"** brochure from **Community Support Frankston**, 35 Beach Street, Frankston 9783 7284

*or download a copy from our website:*

[www.frankston.net](http://www.frankston.net)

## ▶ Personal Crisis Information

Alcoholics Anonymous (AA)	1300 222 222
Beyond Blue Depression Initiative	1300 224 636
DFFH ( <i>Bond Loans</i> )	9784 3100
Dental Health Services Emergency	1300 360 054
Dental Health Services General	9341 1000
Drugs Helpline	1800 250 015
Grief Line	1300 845 745
Headspace	9027 0100
Hepatitis C Helpline	1800 437 222
Kids Help Line	1800 551 800
Launch Housing ( <i>Private rent in arrears and rent in advance</i> )	9556 5775
Lifeline ( <i>24 hour</i> )	13 11 14
Men's Line (Crisis Support)	1300 789 978
Mental Health Triage Service	1300 792 977
Missing Persons	1800 000 634
Narcotics Anonymous	1301 652 820
Nurse on Call	1300 606 024
Safe Steps Family Violence Response Centre	1800 015 188
SalvoCare Eastern Crisis Accommodation - Toll Free ( <i>24 hr</i> ) ( <i>Rent in Advance - Rooming Houses</i> )	9784 5000 1800 825 955
Sexual Assault Crisis Line	1800 737 732
Suicide Callback Service	1300 659 467
Suicide Helpline (Victoria)	1300 651 251
The Orange Door Family Violence Support	1800 319 353
Victims of Crime Helpline	1800 819 817

# Homeless in Frankston

March 2024

## Information and Services



- Showers
- Laundry
- Crisis contacts
- Medical
- Legal advice
- Health services
- Emergency accommodation



35 Beach Street, Frankston  
Phone: 9783 7284

Email: [csf@frankston.net](mailto:csf@frankston.net) [www.frankston.net](http://www.frankston.net)



**Community Support Frankston**  
35 Beach Street, Frankston  
**9783 7284**

Email: [csf@frankston.net](mailto:csf@frankston.net)  
Web: [www.frankston.net](http://www.frankston.net)

**Our telephones are manned on:**

Monday, Tuesday, Wednesday & Friday  
9.30am - 3.30pm

and Thursdays from 12pm - 3.30pm

Community Support Frankston is offering Frankston residents a telephone and email-based assistance service. You can call and speak with a worker, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone - reminder that every Telstra payphone in Australia is now free to use, so please call us.

Community Support Frankston also offer a **free take-away meal** (*pick-up only*) for Frankston Residents every Monday, Tuesday, Thursday and Friday between 12noon - 2pm.



Community Support Frankston  
Inc. Reg. No. A0000431J      ABN 95 426 151 625

## ▶▶ Free Showers

**Shower location:** Comfort Station,  
6 Playne Street, Frankston

Bolton Clarke Outreach Shower Service is currently operating **every Monday and Thursday 2-4pm (No appointment needed)**  
**Phone:** Community Support Frankston on **9783 7284** or **Bolton Clarke Outreach** on **0459 382 981** for more information.  
*Hot Showers, toiletries and towels provided free of charge.*

## ▶▶ Free Laundry and Vouchers

**Orange Sky Laundry**  
Co-located at Community Support Frankston  
35 Beach Street, Frankston  
**Every Wednesday: 11.30am - 2pm**  
*Free mobile laundry service for the homeless*

**Community Support Frankston**  
35 Beach Street, Frankston  
**Phone: 9783 7284 for assessment**  
*Laundry vouchers redeemable at Bubbles on Beach, 53 Beach Street, Frankston*

## ▶▶ Free Gas BBQ's

**Beauty Park** High Street, Frankston  
**Frankston Pier Precinct**, Nepean Highway  
**George Pentland Gardens**, Willams Street Frankston  
**Kananook Creek Reserve**, south of the Frankston Life Saving Club

## ▶▶ Mental Health Services

**Mental Health Triage Service**  
Peninsula Health  
**Phone: 1300 792 977**

**Mental Health & Wellbeing Local**  
For free support in Frankston  
**Phone: 1800 000 525**

## ▶▶ Crisis Accommodation

**SalvoCare Eastern (Salvation Army)**  
37 Ross Smith Avenue East, Frankston  
**Phone: 9784 5000. 8.30am - 5pm**  
No appointment necessary  
**After Hours Toll Free: 1800 825 955**  
*Crisis and support service for individuals, families and young people who are homeless or at risk of homelessness.*

## ▶▶ Drug & Alcohol Service

**Frankston and Mornington Drug and Alcohol Service (FAMDAS)**  
Frankston Integrated Health Centre  
2 Hastings Road, Frankston  
**Phone: 1300 665 781**

## ▶▶ Medical and Dental Centres

**Frankston Priority Care Centre**  
Shop 1-3, 49 Beach Street Frankston  
**Phone: 9119 1077**  
**Open 7 days a week. 8am - 10pm**  
*New Medicare Urgent Care Clinic providing free, high quality care for urgent but non-life threatening injuries and illnesses. Supporting Frankston Hospital Emergency Department*

**Young Street Medical/Dental Centre**  
89-97 Young Street, Frankston  
**Phone: 9771 8111. 8am - 6pm**  
*Open 7 days with on-line booking service*

**Victorian Virtual Emergency Department (VVED) - Free 24/7 Service**  
Website: [www.vved.org.au](http://www.vved.org.au)

## ▶▶ Needle Syringe Program

**SHARPS** - 20 Young Street, Frankston  
**9am - 5pm.** No appointment necessary  
**Monday - Friday. Phone: 9784 7409**  
Evening Mobile Outreach service (7 evenings a week from 6.30 - 10pm). **1800 642 287**