

▶▶ Free Health Service

Bolton Clarke Homeless Persons Program is a Community Health Nursing Program working with people who are homeless or at risk of homelessness and are experiencing physical and wellbeing issues. The service operates Monday, Tuesday, Thursday and Friday.

Co-located at Community Support Frankston and SalvoCare

Phone: 9783 7284 or 0417 552 396

▶▶ Free Legal Advice

Homeless Persons Legal Clinic

Phone: 8636 4408 OR

Toll Free: 1800 606 313

For people who are homeless or at risk of being homeless in Victoria.

Peninsula Community Legal Centre

Phone: 9783 3600 OR

Toll Free: 1800 064 784 to make an appointment

Providing free legal services for people who live, work or study in the Frankston.

▶▶ Free Clinic for Pets

Frankston "Pets in the Park"

For more details contact Community Support Frankston on 9783 7284

For information on Food, Groceries and Free Meal Services available in Frankston, call for a copy of our **"Where to Find Food Assistance"** brochure from **Community Support Frankston**, 35 Beach Street, Frankston 9783 7284

or download a copy from our website:

www.frankston.net



Personal Crisis Information

Alcoholics Anonymous (AA)	1300 222 222
Beyond Blue Depression Initiative	1300 224 636
DHS Dental Emergency	1300 360 054
DHS General Enquiries	1300 650 172
Drugs Helpline	1800 250 015
Grief Line	1300 845 745
Headspace	9027 0100
Hepatitis C Helpline	1800 437 222
Kids Help Line	1800 551 800
Lifeline (24 hour)	13 11 14
Men's Line (Crisis Support)	1300 789 978
Mental Health Triage Service	1300 792 977
Missing Persons	1800 000 634
Narcotics Anonymous	1301 652 820
Nurse on Call	1300 606 024
Safe Steps Family Violence Response Centre	1800 015 188
SalvoCare Eastern Crisis Accommodation - Toll Free (24 hr)	9784 5000 1800 825 955
Sexual Assault Crisis Line	1800 737 732
Suicide Callback Service	1300 659 467
Suicide Helpline (Victoria)	1300 651 251
The Orange Door Family Violence Support	1800 319 353
Victims of Crime Helpline	1800 819 817

Homeless in Frankston

September 2022

Information and Services



- showers ● laundry
- emergency accommodation
- crisis contacts ● medical
- legal advice ● health services



35 Beach Street, Frankston
Phone: 9783 7284

Email: csf@frankston.net www.frankston.net



Community Support Frankston
35 Beach Street, Frankston
9783 7284

Email: csf@frankston.net
Web: www.frankston.net

Our telephones are manned on:

Monday, Tuesday, Wednesday & Friday
9.30am - 3.30pm

and Thursdays - 12pm - 3.30pm

Community Support Frankston is offering Frankston residents a telephone and email-based assistance service. You can call and speak with a worker, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone - reminder that every Telstra payphone in Australia is now free to use, so please call us.

Community Support Frankston also offer a **free take-away meal (pick-up only)** for Frankston Residents every Monday, Tuesday, Thursday and Friday between 12noon - 2pm.



Community Support Frankston
Inc. Reg. No. A0000431J ABN 95 426 151 625

▶▶ Free Showers

Bolton Clarke Outreach

Comfort Station, 6R Playne Street,
Frankston

Phone: Community Support Frankston on **9783 7284** for shower access/availability.
Hot Showers, toiletries and towels provided free of charge.

Connect Community Care Mobile Shower Truck

Young Street Carpark, 79-83 Young Street,
Frankston (next to Tasman Meats)

Phone: 0400 492 335
Every 2nd & 4th Friday of the month from 5.30pm. Bookings are not required
Toiletries, towels and warm meal provided free of charge. Free walk-up service

▶▶ Free Laundry and Vouchers

Orange Sky Laundry

Co-located at Community Support Frankston
35 Beach Street, Frankston

Every Wednesday: 12noon - 2pm
Free mobile laundry service for the homeless

Community Support Frankston

35 Beach Street, Frankston.

Phone: 9783 7284 for assessment
Laundry vouchers redeemable at Bubbles on Beach, 53 Beach Street, Frankston

▶▶ Free Gas BBQ's

- **Beauty Park** High Street, Frankston
- **Frankston Pier Precinct**
Nepean Highway, Frankston
- **George Pentland Gardens**
Williams Street, Frankston
- **Kananook Creek Reserve**
South of the Frankston Life Saving Club

▶▶ Crisis Accommodation

SalvoCare Eastern (Salvation Army)

37 Ross Smith Avenue East, Frankston

Phone: 9784 5000. 8.30am - 5pm

No appointment necessary

After Hours Toll Free: 1800 825 955

Crisis and support service for individuals, families and young people who are homeless or at risk of homelessness.

▶▶ Drug & Alcohol Service

Frankston and Mornington Drug and Alcohol Service (FAMDAS)

Frankston Integrated Health Centre

2 Hastings Road, Frankston

Phone: 1300 665 781

▶▶ Medical and Dental Centre

Young Street Medical Centre

89-97 Young Street, Frankston

Phone: 9771 8111. 8am - 6pm

Centre is open 365 days a year and offers walk-in service. Majority of services are bulk billed for patients with a valid Medicare card.

▶▶ Mental Health Service

Mental Health Triage Service

Peninsula Health

Phone: 1300 792 972

▶▶ Needle Syringe Program

SHARPS

20 Young Street, Frankston

9am - 5pm. No appointment necessary

Monday - Friday. Phone: 9784 7409

Evening Mobile Outreach service:

1800 642 287 (7 evenings a week from 6.30pm - 10pm)