

## ▶▶ Free Health Service

**Bolton Clarke Homeless Persons Program** is a Community Health Nursing Program working with people who are homeless or at risk of homelessness and are experiencing physical and wellbeing issues. The service operates Monday, Tuesday, Thursday and Friday.

**Co-located at Community Support Frankston and SalvoCare**

**Phone: 9783 7284 or 0417 552 396**

## ▶▶ Free Legal Advice

### Homeless Persons Legal Clinic

**Phone: 8636 4408 OR**

**Toll Free: 1800 606 313**

*For people who are homeless or at risk of being homeless in Victoria.*

### Peninsula Community Legal Centre

**Phone: 9783 3600 OR**

**Toll Free: 1800 064 784 to make an appointment**

*Providing free legal services for people who live, work or study in the Frankston.*

## ▶▶ Free Clinic for Pets

### Frankston "Pets in the Park"

*For more details contact Community Support Frankston on 9783 7284*

For information on Food, Groceries and Free Meal Services available in Frankston, call for a copy of our **"Where to Find Food Assistance"** brochure from **Community Support Frankston**, 35 Beach Street, Frankston 9783 7284

*or download a copy from our website:*

[www.frankston.net](http://www.frankston.net)



## Personal Crisis Information

|  |                           |
|--|---------------------------|
| Alcoholics Anonymous (AA)                                  | 1300 222 222              |
| Beyond Blue Depression Initiative                          | 1300 224 636              |
| DHS Dental Emergency                                       | 1300 360 054              |
| DHS General Enquiries                                      | 1300 650 172              |
| Drugs Helpline   | 1800 250 015              |
| Grief Line   | 1300 845 745              |
| Headspace  | 9027 0100                 |
| Hepatitis C Helpline                                       | 1800 437 222              |
| Kids Help Line   | 1800 551 800              |
| Lifeline (24 hour)   | 13 11 14                  |
| Men's Line (Crisis Support)                                | 1300 789 978              |
| Mental Health Triage Service                               | 1300 792 977              |
| Missing Persons  | 1800 000 634              |
| Narcotics Anonymous  | 1301 652 820              |
| Nurse on Call  | 1300 606 024              |
| Safe Steps Family Violence Response Centre                 | 1800 015 188              |
| SalvoCare Eastern Crisis Accommodation - Toll Free (24 hr) | 9784 5000<br>1800 825 955 |
| Sexual Assault Crisis Line                                 | 1800 737 732              |
| Suicide Callback Service                                   | 1300 659 467              |
| Suicide Helpline (Victoria)                                | 1300 651 251              |
| The Orange Door Family Violence Support                    | 1800 319 353              |
| Victims of Crime Helpline                                  | 1800 819 817              |

# Homeless in Frankston

May 2022

## Information and Services



- showers ● laundry
- emergency accommodation
- crisis contacts ● medical
- legal advice ● health services



35 Beach Street, Frankston  
Phone: 9783 7284

Email: [csf@frankston.net](mailto:csf@frankston.net) [www.frankston.net](http://www.frankston.net)



**Community Support Frankston**  
35 Beach Street, Frankston  
**9783 7284**

Email: [csf@frankston.net](mailto:csf@frankston.net)  
Web: [www.frankston.net](http://www.frankston.net)

**Our telephones are manned on:**

Monday, Tuesday, Wednesday & Friday  
9.30am - 3.30pm

and Thursdays - 11am - 3.30pm

Community Support Frankston is offering Frankston residents a telephone and email-based assistance service. You can call and speak with a worker, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone - reminder that every Telstra payphone in Australia is now free to use, so please call us.

Community Support Frankston also offer a **free take-away meal** (*pick-up only*) for Frankston Residents every Monday, Tuesday, Thursday and Friday between 12noon - 2pm.



**Community Support Frankston**  
Inc. Reg. No. A0000431J      ABN 95 426 151 625

## ▶▶ Free Showers

### Donation Chain

Comfort Station, 6R Playne Street, Frankston.

**Phone:** Donation Chain **0420 347 696 OR**  
Bolton Clarke Outreach **9783 7284**

*Hot Showers available.*

*Toiletries and towels provided free of charge*

### Connect Community Care Mobile Shower Truck

Young Street Carpark, 79-83 Young Street, Frankston (next to Tasman Meats)

**Phone: 0400 492 335**

**Every 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month from 5.30pm.** Bookings are not essential

*Toiletries, towels and warm meal provided free of charge. Free walk-up service*

## ▶▶ Free Laundry and Vouchers

### Orange Sky Laundry

Co-located at Community Support Frankston  
35 Beach Street, Frankston

**Every Wednesday: 12noon - 2pm**

*Free mobile laundry service for the homeless*

### Community Support Frankston

35 Beach Street, Frankston.

**Phone: 9783 7284 for assessment**

*Laundry vouchers redeemable at Bubbles on Beach, 53 Beach Street, Frankston*

## ▶▶ Free Gas BBQ's

- **Beauty Park** High Street, Frankston
- **Frankston Pier Precinct**  
Nepean Highway, Frankston
- **George Pentland Gardens**  
Willams Street, Frankston
- **Kananook Creek Reserve**  
South of the Frankston Life Saving Club

## ▶▶ Crisis Accommodation

### SalvoCare Eastern (Salvation Army)

37 Ross Smith Avenue East, Frankston

**Phone: 9784 5000. 8.30am - 5pm**

No appointment necessary

**After Hours Toll Free: 1800 825 955**

*Crisis and support service for individuals, families and young people who are homeless or at risk of homelessness.*

## ▶▶ Drug & Alcohol Service

### Frankston and Mornington Drug and Alcohol Service (FAMDAS)

Frankston Integrated Health Centre

2 Hastings Road, Frankston

**Phone: 1300 665 781**

## ▶▶ Medical and Dental Centre

### Young Street Medical Centre

89-97 Young Street, Frankston

**Phone: 9771 8111. 8am - 6pm**

*Centre is open 365 days a year and offers walk-in service. Majority of services are bulk billed for patients with a valid Medicare card.*

## ▶▶ Mental Health Service

### Mental Health Triage Service

Peninsula Health

**Phone: 1300 792 972**

## ▶▶ Needle Syringe Program

### SHARPS

20 Young Street, Frankston

**9am - 5pm.** No appointment necessary

**Monday - Friday. Phone: 9784 7409**

Evening Mobile Outreach service:

**1800 642 287** (7 evenings a week from 6.30pm - 10pm)