



Personal Crisis Information

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| Alcoholics Anonymous (AA) | 1300 222 222 |
| Beyond Blue Depression Initiative | 1300 224 636 |
| Crisis Accommodation | 9792 0750 |
| <i>Toll Free (24 hour)</i> | <i>1800 825 955</i> |
| DHS Dental Emergency | 1300 360 054 |
| DHS General Enquiries | 1300 650 172 |
| Drugs Helpline | 1800 888 236 |
| Domestic Violence (Support) | 9781 4658 |
| Family Violence Crisis Service | 9791 6111 |
| <i>(After hours and weekends)</i> | <i>0400 503 338</i> |
| Hepatitis C Helpline | 1800 703 003 |
| Kids Help Line | 1800 459 975 |
| Lifeline (24 hour) | 13 11 14 |
| Men's Line (Crisis Support for Men) | 1800 457 870 |
| Mental Health Triage Service | 1300 792 977 |
| Missing Persons | 1800 000 634 |
| Nurse on Call | 1300 606 024 |
| Psychiatric Advice Line (24 hour) | 1300 792 977 |
| SalvoCare Eastern | 9784 5050 |
| Sexual Assault Crisis Line | 1800 806 292 |
| Suicide Callback Service | 1300 659 467 |
| Suicide Helpline (Victoria) | 1800 793 273 |
| Victims of Crime Helpline | 1800 819 817 |
| Women's DV Crisis Service | 9322 3555 |
| <i>(24 hour or Toll Free)</i> | <i>1800 015 188</i> |

HOMELESS ADVOCACY SERVICE 1800 066 256

Community Support Frankston (CSF)

Phone: 9783 7284

IMPORTANT NOTICE

CSF is offering Frankston residents a **telephone (9783 7284)** and **email (csf@frankston.net)** based assistance service during the current pandemic. You will be able to speak with an interviewer, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone, CSF can provide you with a Telstra Phone Card with instructions on how to contact us. These cards are available at CSF.

Telephones will be manned by our volunteer workers during the following hours:

**Monday to Friday
9.30am - 3.30pm**

35 Beach Street, Frankston



COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

Homeless in Frankston

May 2021

Information & Services during the COVID-19 Pandemic



- **free hot meals** ●
- **showers** ● **clothing** ●
- **health clinic** ●
- **crisis contacts** ●



35 Beach Street, Frankston
Phone: 9783 7284

▶▶▶▶ Free Meals/Food Parcels

MONDAY - FRIDAY

COMMUNITY SUPPORT FRANKSTON

Freshly cooked take-away meals (pick-up only)

Monday to Friday: 12.00 – 2.00pm

Please present at Community Support Frankston, 35 Beach Street, Frankston to collect a meal

BREKKY CLUB – 7.00 to 8.00am

Chisholm Institute – Building N –

The Bunurong Café

All welcome for a free cooked breakfast and hot cuppa

ST. VINCENT DE PAUL

Please call 9769 6060 OR 0418 310 563 to arrange a visit - VERY LIMITED VISITS TUES-FRI & SAT AM

Please ring between 9:00 and 9.30am to arrange a visit OR leave a message at the shop to call. Volunteers visit the client's home and assess the level of assistance needed.

Service Area: Frankston, Frankston North, Skye, Langwarrin, Seaford and Carrum Downs.

Other areas: 5995 0211 OR 1800 305 330

THEODORA'S CHEERFUL GIVERS

1/12-16 Govan Street, Seaford

Phone: 0413 807 763

Monday to Friday: 10.00am – 3.00pm

Phone for home delivery of food parcels (if available)

TUESDAY

PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents only

Tuesday Food Pantry: 10.00am – 2.00pm

(Must phone the Church Office on 5971 4877 between 10.00am-3.00pm on Monday, Wednesday or Thursday for an appointment)

JOHN PAUL COLLEGE FOOD VAN –

5:00-7:00pm Young Street Carpark (next to Tasman Meats) - Food parcels, tea, coffee, soup

WEDNESDAY

HIGH STREET UNITING CHURCH

16-18 High Street, Frankston

COMMUNITY BBQ LUNCH – 12.00 – 1.00pm

WILDPATH – 6:00 – 7:00PM

Food Hampers & Hot Drinks available

Young Street car park (food hampers also available for home delivery – call 9785 7229 - subject to availability)

SIKH VOLUNTEERS AUSTRALIA –

6.15 – 6.45PM

Young Street car park (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

THURSDAY

JOHN PAUL COLLEGE FOOD VAN –

6:00 – 7.30pm Young Street Carpark (next to Tasman Meats) - Food parcels, bread products, toasted sandwiches, tea, coffee, soup

FRIDAY

CHRISTIAN CONNECT CHURCH

Phone: 5971 3111 OR 0418 388 595

Food Parcels: 12.00 – 2.00pm

135 Golf Links Road (Cnr Robinsons Road), Frankston

MEALS FOR CHANGE - LIFEGATE INC

7.15 TO 9.00PM – 1ST & 3RD FRIDAY EACH MONTH

Young Street Carpark (next to Tasman Meats)

LIFEGATE INC

Phone: 9770 0595

1a Olsen Street, Frankston

Food pick-up service - 2.00 to 5.00pm

(Some home deliveries available)

SALVATION ARMY – CARRUM DOWNS

Phone: 9775 1915

Drive thru Food Pantry: 11.00am-12.30pm

1265 Frankston-Dandenong Road, Carrum Downs

One time registration required

Service Area: Frankston North, Carrum Downs, Carrum, Patterson lakes, Langwarrin, Skye, and Sandhurst

SATURDAY

SIKH VOLUNTEERS AUSTRALIA –

6.15 – 6.45PM

Young Street carpark (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

VITTLE FEAST – FREE FOOD HAMPER

2ND & 4TH SATURDAY EACH MONTH

Sponsored by Heavenly Feast Revival Church

Phone: 0480 281 906 to arrange delivery

Valid Concession or Pension Card required

SUNDAY

SIKH VOLUNTEERS AUSTRALIA

Freshly cooked vegetarian food

Free food home delivery service every Sunday – 6 – 8pm

To order either text or call: 0423 359 279 OR

0401 509 236 - orders taken to 12 noon

▶▶▶▶ Free Health Service

Run by Bolton Clarke Homeless Persons Program

COMMUNITY SUPPORT FRANKSTON

Address: 35 Beach Street, Frankston

Thursday: 1:00 – 4.00pm

▶▶▶▶ Free Gas BBQ's

- Kananook Creek Reserve, south of Life Saving Club
- Frankston Pier Precinct, Nepean Highway, Frankston
- George Pentland Gardens, behind Frankston Hospital

▶▶▶▶ Free Clothing

SALVATION ARMY FAMILY STORES

Address: 17 Thompson Street, Frankston

Phone: 9770 2549

▶▶▶▶ Free Laundry / Vouchers

COMMUNITY SUPPORT FRANKSTON

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Assessment required – vouchers redeemable at Bubbles on Beach, Beach Street, Frankston

ORANGE SKY LAUNDRY

(Community Support Frankston)

Every Wednesday – 12.30pm

▶▶▶▶ Emergency Accommodation

SALVOCARE EASTERN (Salvation Army)

Address: 37 Ross Smith Ave, Frankston

Phone: 9784 5000 (8.30am to 5.30pm)

A/H Toll Free: 1800 825 955

▶▶▶▶ Legal Advice

HOMELESS PERSONS LEGAL CLINIC

for people who are homeless or at risk of being homeless in Victoria.

Phone: 8636 4408 OR

Toll Free: 1800 606 313

▶▶▶▶ Free Clinic for Pets

FRANKSTON "PETS IN THE PARK"

For more details contact Community

Support Frankston on 9783 7284

▶▶▶▶ Free Showers

COMFORT STATION SHOWERS

Address: 6R Playne Street, Frankston

Toiletries & towels provided free of charge

Phone: Donation Chain (0420 347 696) OR

Bolton Clarke Outreach (9783 7284)