

**Please contact the following opportunity shops directly to find out if they are still operating**

## OPPORTUNITY SHOPS



### RSPCA ANIMAL AID

**Shop 4, 43 Playne Street, Frankston**

**Phone: 9783 5994**

Mon-Fri: 9:30am - 4:00pm

Saturday: 9:30am - 12 noon

Clothing, linen, bric-a-brac, toys

### BROTHERHOOD OF ST LAURENCE

**1-3 Station Street, Seaford**

**Phone: 9786 7015**

Mon-Fri: 9.30am - 4:30pm

Saturday: 9.30am - 12 noon

Clothing, linen, bric-a-brac and toys

**The Village - 195 Frankston- Dandenong Rd, Carrum Downs**

Mon-Fri: 9:00am - 4:00pm

Saturday: 9:00am - 12 noon

Clothing, linen, bric-a-brac and toys

### RED CROSS SHOP

**13b Thompson Street, Frankston**

**Phone: 9770 2355**

Mon-Fri: 9:30am - 4:30pm

Saturday: 10:00am - 3:00pm

Clothing, linen, bric-a-brac and toys

### SALVATION ARMY THRIFT SHOP

**33 Ross Smith Avenue, Frankston**

**Phone: 9781 2020**

Mon-Fri: 9:30am - 4:00pm

Saturday: 9:30am - 1:00pm

Clothing, linen, bric-a-brac, toys and furniture

### ST JOHN'S ANGLICAN CHURCH

**4 Monterey Boulevard & Frankston**

**Dandenong Rd, Frankston North**

**Phone: 9782 0572**

Monday: 9.00am - 2.00pm

Thursday: 9.00am - 2.00pm

2nd & 4th Saturday a month: 10.00am - 1.00pm

### ST VINCENT DE PAUL

**80-82 Young Street, Frankston**

**Phone: 9770 5818**

Mon-Fri: 9:00am - 4:00pm

Clothing, linen, bric-a-brac, toys and furniture

**152 Austin Road, Seaford**

**Phone: 9776 9264**

Mon/Tue/Thu/Fri: 9:00am - 4.30pm

Wednesday: 8:00am - 4:00pm

Saturday: 9.00am - 12 noon

Clothing, linen, bric-a-brac, toys

**562 Frankston-Dandenong Rd, Carrum Downs**

**Phone: 9770 8669**

Monday-Saturday: 9:00am - 5:00pm

Clothing, linen, bric-a-brac, furniture and toys

**COMMUNITY SUPPORT FRANKSTON**

Inc. Reg. No. A0000431J

ABN 95 426 151 625

# Where to Find Assistance

April 2021

**In the Frankston Area during the COVID-19 Pandemic**



● food ● meals ● groceries ●

● op shops ●



**35 Beach Street, Frankston**  
**Phone: 9783 7284**

**IMPORTANT – Please maintain social distancing of at least 1.5 metres**

## FREE MEALS, FOOD & GROCERIES – FRANKSTON AREA



### COMMUNITY SUPPORT FRANKSTON

35 Beach Street, Frankston

Phone: 9783 7284

#### IMPORTANT NOTICE

CSF is offering Frankston residents a **phone (9783 7284)** and **email based assistance service (csf@frankston.net)** during the pandemic. You will be able to speak with an interviewer, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone, CSF can provide you with a Telstra Phone Card (available at CSF).

**Telephones are manned the following hours:  
Monday to Friday - 9.30am - 3.30pm**

## MONDAY - FRIDAY

### COMMUNITY SUPPORT FRANKSTON

Freshly cooked take-away meals (pick-up only)

Monday to Friday: 12.00 – 2.00pm

Please present at Community Support Frankston, 35 Beach Street, Frankston to collect a meal

### BREKKY CLUB – 7.00 to 8.00am

Chisholm Institute – Building N –  
The Bunurong Café

All welcome for a free cooked breakfast and hot cuppa

### ST. VINCENT DE PAUL

Please call 9769 6060 **OR** 0418 310 563 to arrange a visit - VERY LIMITED VISITS TUES-FRI & SAT AM

Please ring between 9:00 and 9.30am to arrange a visit OR leave a message at the shop to call. Volunteers visit the client's home and assess the level of assistance needed.

**Service Area:** Frankston, Frankston North, Skye, Langwarrin, Seaford (up to Armstrongs Road) and Carrum Downs west of McCormick's Road.

**Other areas: 5995 0211 OR 1800 305 330**

### THEODORA'S CHEERFUL GIVERS

1/12-16 Govan Street, Seaford

Phone: 0413 807 763

Monday to Friday: 10.00am - 3.00pm

Phone for home delivery of food parcels (if available)

## TUESDAY

### PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents only

**Tuesday Food Pantry: 10.00am – 2.00pm**

(Must phone the Church Office on 5971 4877 between 10.00am-3.00pm on Monday, Wednesday or Thursday for an appointment)

### JOHN PAUL COLLEGE FOOD VAN –

**5:00-7:00pm** Young Street Carpark (next to Tasman Meats) - Food parcels, tea, coffee, soup

## WEDNESDAY

### HIGH STREET UNITING CHURCH

16-18 High Street, Frankston

**COMMUNITY BBQ LUNCH** – 12.00 – 1.00pm

### WILDPATH - 6:00 - 7:00PM

Food Hampers & Hot Drinks available

Young Street car park (food hampers also available for home delivery – call 9785 7229 - subject to availability)

### SIKH VOLUNTEERS AUSTRALIA –

**6.15 – 6.45PM**

Young Street car park (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

## THURSDAY

### JOHN PAUL COLLEGE FOOD VAN –

**6:00 – 7.30pm** Young Street Carpark (next to Tasman Meats) - Food parcels, bread products, toasted sandwiches, tea, coffee, soup

## FRIDAY

### CHRISTIAN CONNECT CHURCH

Phone: 5971 3111 **OR** 0418 388 595

**Food Parcels: 12.00 - 2.00pm**

135 Golf Links Road (Cnr Robinsons Road), Frankston

### MEALS FOR CHANGE - LIFEGATE INC

**7.15 TO 9.00PM – 1<sup>ST</sup> & 3<sup>RD</sup> FRIDAY EACH MONTH**

Young Street Carpark (next to Tasman Meats)

### LIFEGATE INC

Phone: 9770 0595

1a Olsen Street, Frankston

Food pick-up service - 2.00 to 5.00pm  
(Some home deliveries available)

### SALVATION ARMY – CARRUM DOWNS

Phone: 9775 1915

**Drive thru Food Pantry: 11.00am-12.30pm**

1265 Frankston-Dandenong Road, Carrum Downs

**One time registration required**

**Service Area:** Frankston North, Carrum Downs, Carrum, Patterson lakes, Langwarrin, Skye, and Sandhurst

## SATURDAY

### SIKH VOLUNTEERS AUSTRALIA –

**6.15 – 6.45PM**

Young Street carpark (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

### VITTLE FEAST – FREE FOOD HAMPER 2<sup>ND</sup> & 4<sup>TH</sup> SATURDAY EACH MONTH

Sponsored by Heavenly Feast Revival Church

Phone: 0480 281 906 to arrange delivery

Valid Concession or Pension Card must be presented to receive a food box

## SUNDAY

### SIKH VOLUNTEERS AUSTRALIA

Freshly cooked vegetarian food

Free food home delivery service every Sunday – 6 - 8pm

**To order either text or call: 0423 359 279 OR  
0401 509 236 - orders taken to 12 noon**

## FOOD — OTHER AREAS



### PANTRY 5000

Phone Parish office: 9772 1251

#### Monday to Friday:

Food Parcel home delivery service available for the following postcodes only –

3195, 3196, 3197, 3198, 3201

**Please call Parish Office to arrange**

(You will need a current Health Care Card)

### YOUR PANTRY

3-5 Blantyre Avenue, Chelsea

Food parcels are available by appointment only

**Please call Judi on 0423 375 714**