

Please contact the following opportunity shops directly to find out if they are still operating

OPPORTUNITY SHOPS



RSPCA ANIMAL AID

Shop 4, 43 Playne Street, Frankston

Phone: 9783 5994

Mon-Fri: 9:30am - 4:00pm

Saturday: 9:30am - 12 noon

Clothing, linen, bric-a-brac, toys

BROTHERHOOD OF ST LAURENCE

1-3 Station Street, Seaford

Phone: 9786 7015

Mon-Fri: 9.30am - 4:30pm

Saturday: 9.30am - 12 noon

Clothing, linen, bric-a-brac and toys

The Village - 195 Frankston- Dandenong Rd, Carrum Downs

Mon-Fri: 9:00am - 4:00pm

Saturday: 9:00am - 12 noon

Clothing, linen, bric-a-brac and toys

RED CROSS SHOP

13b Thompson Street, Frankston

Phone: 9770 2355

Mon-Fri: 9:30am - 4:30pm

Saturday: 10:00am - 3:00pm

Clothing, linen, bric-a-brac and toys

SALVATION ARMY THRIFT SHOP

33 Ross Smith Avenue, Frankston

Phone: 9781 2020

Mon-Fri: 9:30am - 4:00pm

Saturday: 9:30am - 1:00pm

Clothing, linen, bric-a-brac, toys and furniture

ST JOHN'S ANGLICAN CHURCH

4 Monterey Boulevard & Frankston

Dandenong Rd, Frankston North

Phone: 9782 0572

Monday: 9.00am - 2.00pm

Thursday: 9.00am - 2.00pm

2nd & 4th Saturday a month: 10.00am - 1.00pm

ST VINCENT DE PAUL

80-82 Young Street, Frankston

Phone: 9770 5818

Mon-Fri: 9:00am - 4:00pm

Clothing, linen, bric-a-brac, toys and furniture

152 Austin Road, Seaford

Phone: 9776 9264

Mon/Tue/Thu/Fri: 9:00am - 4.30pm

Wednesday: 8:00am - 4:00pm

Saturday: 9.00am - 12 noon

Clothing, linen, bric-a-brac, toys

562 Frankston-Dandenong Rd, Carrum Downs

Phone: 9770 8669

Monday-Saturday: 9:00am - 5:00pm

Clothing, linen, bric-a-brac, furniture and toys

COMMUNITY SUPPORT FRANKSTON

Inc. Reg. No. A0000431J

ABN 95 426 151 625

Where to Find Assistance

November 2020

In the Frankston Area during the COVID-19 Pandemic



● food ● meals ● groceries ●

● op shops ●



35 Beach Street, Frankston
Phone: 9783 7284

IMPORTANT – Please maintain social distancing of at least 1.5 metres

FREE MEALS, FOOD & GROCERIES – FRANKSTON AREA



COMMUNITY SUPPORT FRANKSTON

35 Beach Street, Frankston

Phone: 9783 7284

IMPORTANT NOTICE

CSF is offering Frankston residents a **phone (9783 7284)** and **email** based assistance service (csf@frankston.net) during the pandemic. You will be able to speak with an interviewer, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you. If you don't have a phone, CSF can provide you with a Telstra Phone Card (available at CSF).

Telephones are manned the following hours:

Monday to Friday - 9.30am - 3.30pm

MONDAY - SUNDAY

SIKH VOLUNTEERS AUSTRALIA

Freshly cooked vegetarian food

Free food home delivery service 7 days a week

Delivery time – 6.00 to 8.00pm each day

To order either text or call: 0423 359 279 OR 0401 509 236 - orders taken to 12 noon daily

Service Area: Frankston, Cranbourne, Tooradin, Hampton Park, Lyndhurst, Lynbrook, Junction Village, Devon Meadows, Narre Warren, Berwick

MONDAY - FRIDAY

COMMUNITY SUPPORT FRANKSTON

Freshly cooked take-away meals (pick-up only)

Monday to Friday: 12.00 – 2.00pm

Please present at Community Support Frankston, 35 Beach Street, Frankston to collect a meal

ST. VINCENT DE PAUL

Please call 9769 6060 OR 0418 310 563 to arrange a visit - VERY LIMITED VISITS TUES-FRI & SAT AM

Please ring between 9:00 and 9.30am to arrange a visit OR leave a message at the shop to call. Volunteers visit the client's home and assess the level of assistance needed.

Service Area: Frankston, Frankston North, Skye, Langwarrin, Seaford (up to Armstrongs Road) and Carrum Downs west of McCormick's Road.

Other areas: 5995 0211 OR 1800 305 330

THEODORA'S CHEERFUL GIVERS

1/12-16 Govan Street, Seaford

Phone: 0413 807 763

Monday to Friday: 10.00am - 3.00pm

Phone for home delivery of food parcels (if available)

TUESDAY

PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents only

Tuesday Food Pantry: 10.00am – 2.00pm

(Must phone the Church Office on 5971 4877 between 10.00am-3.00pm on Monday, Wednesday or Thursday for an appointment)

WEDNESDAY

HIGH STREET UNITING CHURCH

16-18 High Street, Frankston

COMMUNITY BBQ LUNCH - 12.00 noon – 1.00pm

WILDPATH - 6:00 - 7:00PM

Food Hampers & Hot Drinks available

Young Street car park (food hampers also available for home delivery – call **9785 7229** - subject to availability)

SIKH VOLUNTEERS AUSTRALIA –

6.15 – 6.45PM

Young Street car park (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

FRIDAY

CHRISTIAN CONNECT CHURCH

Phone: 5971 3111 OR 0418 388 595

Food Parcels: 12.00 - 2.00pm

135 Golf Links Road (Cnr Robinsons Road), Frankston

LIFEGATE INC

Phone: 9770 0595

1a Olsen Street, Frankston

Food pick-up service - 2.00 to 5.00pm

(Some home deliveries available)

SALVATION ARMY – CARRUM DOWNS

Phone: 9775 1915

Drive Thru Food Pantry –

Contactless Pick-Up: 11.00am-12.30pm

1265 Frankston-Dandenong Road, Carrum Downs

One time registration required

Service Area: Frankston North, Carrum Downs, Carrum, Patterson lakes, Langwarrin, Skye, and Sandhurst

SATURDAY

SIKH VOLUNTEERS AUSTRALIA –

6.15 – 6.45PM

Young Street carpark (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

VITTLE FEAST – FREE FOOD HAMPER

Available every Saturday

Sponsored by Heavenly Feast Revival Church

Phone: 0480 281 906 to arrange delivery

Valid Concession or Pension Card must be presented to receive a food box

SUNDAY

HIGH STREET UNITING CHURCH -

COMMUNITY SOUP KITCHEN

Every Sunday – 6.00 – 7.00pm

16-18 High Street, Frankston

Open to anyone who wants a hot meal

FOOD — OTHER AREAS



PANTRY 5000

Phone Parish office: 9772 1251

Tuesday / Thursday:

Take away meals

Longbeach Anglican Church,

12-14 Thames Promenade, Chelsea

Monday to Friday:

Food Parcel home delivery service

available for the following postcodes only

- 3195, 3196, 3197, 3198, 3201

Please call Ken on 0400 716 186

(To receive a food parcel you need a current Health Care Card)

YOUR PANTRY

3-5 Blantyre Avenue, Chelsea

(Chelsea Church of Christ)

Food parcels are available by appointment

only – **please call Judi on 0423 375 714**