



## Personal Crisis Information

Alcoholics Anonymous (AA)	1300 222 222
Beyond Blue Depression Initiative	1300 224 636
Crisis Accommodation	9792 0750
<i>Toll Free (24 hour)</i>	<i>1800 825 955</i>
DHS Dental Emergency	1300 360 054
DHS General Enquiries	1300 650 172
Drugs Helpline	1800 888 236
Domestic Violence (Support)	9781 4658
Family Violence Crisis Service	9791 6111
<i>(After hours and weekends)</i>	<i>0400 503 338</i>
Hepatitis C Helpline	1800 703 003
Kids Help Line	1800 459 975
Lifeline (24 hour)	13 11 14
Men's Line (Crisis Support for Men)	1800 457 870
Mental Health Triage Service	1300 792 977
Missing Persons	1800 000 634
Nurse on Call	1300 606 024
Psychiatric Advice Line (24 hour)	1300 792 977
SalvoCare Eastern	9784 5050
Sexual Assault Crisis Line	1800 806 292
Suicide Callback Service	1300 659 467
Suicide Helpline (Victoria)	1800 793 273
Victims of Crime Helpline	1800 819 817
Women's DV Crisis Service	9322 3555
<i>(24 hour or Toll Free)</i>	<i>1800 015 188</i>

**HOMELESS ADVOCACY SERVICE 1800 066 256**

## Community Support Frankston (CSF)

**Phone: 9783 7284**

### IMPORTANT NOTICE

CSF is offering Frankston residents a **telephone (9783 7284)** and **email (csf@frankston.net)** based assistance service during the current pandemic. You will be able to speak with an interviewer, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you.

If you don't have a phone, CSF can provide you with a Telstra Phone Card with instructions on how to contact us. These cards are available at CSF.

**Telephones will be manned by our volunteer workers during the following hours:**

**Monday to Friday  
9.30am - 3.30pm**

**35 Beach Street, Frankston**



COMMUNITY SUPPORT FRANKSTON  
Inc. Reg. No. A0000431J ABN 95 426 151 625

# Homeless in Frankston

November 2020

## Information & Services during the COVID-19 Pandemic



- free hot meals ●
- showers ● clothing ●
- health clinic ●
- crisis contacts ●



35 Beach Street, Frankston  
Phone: 9783 7284

## ▶▶▶▶ Free Meals/Food Parcels

### MONDAY - SUNDAY

#### SIKH VOLUNTEERS AUSTRALIA

Freshly cooked vegetarian food - Free food home delivery service 7 days a week - delivery time 6.00 to 8.00pm each day

To order either text or call before 12 noon daily:  
0423 359 279 OR 0401 509 236

Service Area: Frankston, Cranbourne, Tooradin, Hampton Park, Lyndhurst, Lynbrook, Junction Village, Devon Meadows, Narre Warren, Berwick

### MONDAY - FRIDAY

#### COMMUNITY SUPPORT FRANKSTON

Freshly cooked take-away meals (pick-up only)

Monday to Friday: 12.00 – 2.00pm

Please present at Community Support Frankston, 35 Beach Street, Frankston to collect a meal

#### THEODORA'S CHEERFUL GIVERS

1/12-16 Govan Street, Seaford

Phone: 0413 807 763

Mon to Fri: 10.00am - 3.00pm

Phone for home delivery of food parcels (if available)

#### ST. VINCENT DE PAUL

Please call 9769 6060 OR 0418 310 563 to arrange a visit

#### VERY LIMITED VISITS TUES-FRI & SATURDAY AM

Please ring between 9:00 and 9.30am to arrange a visit OR leave a message at the shop to call. Volunteers visit the client's home and assess the level of assistance needed.

Service Area: Frankston, Frankston North, Skye, Langwarrin, Seaford (up to Armstrongs Road) and Carrum Downs west of McCormick's Road.

Other areas: 5995 0211 OR 1800 305 330

### TUESDAY

#### PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877 (Frankston/Baxter only)

Tuesday Food Pantry: 10.00am – 2.00pm

(Phone for appointment 10.00-3.00 on Mon/Wed/Thu)

### WEDNESDAY

#### HIGH STREET UNITING CHURCH

16-18 High Street, Frankston

COMMUNITY BBQ LUNCH – 12.00 noon – 1.00pm

#### WILDPATH - 6:00 - 7:00PM

Food Hampers & Hot Drinks available - Young Street Car Park (food hampers also available for home delivery – please call 9785 7229 - subject to availability)

#### SIKH VOLUNTEERS AUST – 6.15 – 6.45PM

Young Street car park (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

### FRIDAY

#### CHRISTIAN CONNECT CHURCH

Phone: 5971 3111 OR 0418 388 595

Food Parcels: 12.00 - 2.00pm

135 Golf Links Road (Cnr Robinsons Road), Frankston

#### LIFEGATE INC

Phone: 9770 0595

1a Olsen Street, Frankston

Food pick-up service - 2.00 to 5.00pm

(Some home deliveries available)

#### SALVATION ARMY – CARRUM DOWNS

#### COMMUNITY CHURCH

Phone: 9775 1915

#### DRIVE THRU FOOD PANTRY –

Contactless Pick-Up: 11.00am-12.30pm

1265 Frankston-Dandenong Road, Carrum Downs

One time registration required

Service Area: Frankston North, Carrum Downs, Carrum, Patterson lakes, Langwarrin, Skye, and Sandhurst

### SATURDAY

#### SIKH VOLUNTEERS AUST – 6.15 – 6.45PM

Young Street Car Park (next to Tasman Meats)

Free freshly cooked vegetarian take-away meal

#### VITTLE FEAST – FREE FOOD HAMPER

Available every Saturday

Sponsored by Heavenly Feast Revival Church

Phone: 0480 281 906 to arrange delivery

Valid Concession or Pension Card must be presented to receive a food box

### SUNDAY

#### HIGH STREET UNITING CHURCH -

#### COMMUNITY SOUP KITCHEN

Every Sunday – 6.00 – 7.00pm

16-18 High Street, Frankston

Open to anyone who wants a hot meal

### ▶▶▶▶ Free Health Service

Run by Bolton Clarke Homeless Persons Program

#### SALVOCARE EASTERN

Address: 37 Ross Smith Ave East, Frankston

Monday: 9:30am – 12:00 noon

#### COMMUNITY SUPPORT FRANKSTON

Address: 35 Beach Street, Frankston

Thursday: 1:00 – 4.00pm

### ▶▶▶▶ Free Gas BBQ's

- Kananook Creek Reserve, south of Life Saving Club
- Frankston Pier Precinct, Nepean Highway, Frankston
- George Pentland Gardens, behind Frankston Hospital

### ▶▶▶▶ Free Clothing

#### SALVATION ARMY FAMILY STORES

Address: 17 Thompson Street, Frankston

Phone: 9770 2549

### ▶▶▶▶ Free Laundry / Vouchers

#### COMMUNITY SUPPORT FRANKSTON

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Assessment required – vouchers redeemable at Bubbles on Beach, Beach Street, Frankston

#### ORANGE SKY LAUNDRY

(Community Support Frankston)

Every Wednesday – 12.30pm

### ▶▶▶▶ Emergency Accommodation

#### SALVOCARE EASTERN (Salvation Army)

Address: 37 Ross Smith Ave, Frankston

Phone: 9784 5000 (8.30am to 5.30pm)

A/H Toll Free: 1800 825 955

### ▶▶▶▶ Legal Advice

#### HOMELESS PERSONS LEGAL CLINIC

for people who are homeless or at risk of being homeless in Victoria. Phone: 8636 4408 OR

Toll Free: 1800 606 313

### ▶▶▶▶ Free Clinic for Pets

#### FRANKSTON "PETS IN THE PARK"

For more details contact Community

Support Frankston on 9783 7284

Suspended due to COVID-19 Pandemic

### ▶▶▶▶ Free Showers

#### CLEAN AS CASPER (CSF)

Thursdays – 12.00 noon – 2.30pm

Suspended due to COVID-19 Pandemic

#### COMFORT STATION SHOWERS

Address: 6R Playne Street, Frankston

Toiletries & towels provided free of charge

Phone: Donation Chain (0420 347 696) OR Bolton Clarke Outreach (9783 7284)