

SAFETY & WELLBEING

If you are concerned about stalking, personal safety and general wellbeing, have you informed your friends, relatives and co-workers about your changed relationship?

Have you changed your:

- Household locks
- Phone number/mobile phone numbers for you and your children
- Email addresses
- Online social networking identities (Facebook, etc) for you and your children
- Passwords

Do you need to speak to a:

- Financial Counsellor
- Relationship Counsellor
- Separation Counsellor
- Personal Counsellor
- Domestic Violence Outreach Worker

PHONE NUMBERS & WEBSITES FOR ADVICE

My family is separating — what now?
www.familyseparation.humanservices.gov.au

Beyond Blue
1300 22 46 36
www.beyondblue.org.au

Youth Beyond Blue
www.youthbeyondblue.com

Lifeline (24 hour) 13 11 14

Women's Domestic Violence Crisis
9928 9600 or 1800 015 188
www.safesteps.org.au

WIRE (Women's Information)
1300 134 130
www.wire.org.au

Kids Help Line
1800 551 800
www.kidshelpline.com.au

Dad's in Distress
1300 853 437
www.parentsbeyondbreakup.com

Men's Referral Service (Violence issues)
9487 4500 or 1300 766 491

Mensline (Crisis Support for Men)
1300 789 978

Separation Checklist

April 2020

Do I need to...?



IDEAS TO CONSIDER IMMEDIATELY



35 Beach Street, Frankston
Phone: 9783 7284

LEGAL, FINANCES & ASSETS

There are many myths circulating about the amount of child maintenance you are likely to pay or receive, and how your combined assets and property will be divided. You will hear many stories of other separations, but not all the facts.

Never assume that because your partner left you, you will receive more money or assets at settlement, or if you have children, you will gain full custody rights. Every separation situation is different and you must seek legal advice immediately.

Have you?

Checked if you are eligible for a:

- Centrelink Benefit
(ie: Health Care Card)

Made an appointment with a:

- Mediator
- Free Legal Service or Solicitor

Created a list of assets? Include:

- Property
- Vehicles
- Caravan, boat, motorbike
- Bank accounts
- Furniture
- TV, fridge, washing machine
- Other household appliances

Have you?

Informed:

- Your bank
- Estate Agent (if renting)
- Your child's school
- Pre-school
- Child Support Agency

Changed your:

- Joint Account Bank details
- Will or Power of Attorney
- Insurance Policies
- Superannuation details

Changed the account holder's name:

- Credit Card Account
- Phone Account
- Mobile Phone Account
- Power bills
- Gas bills
- Water bills
- Toll Road Account
- Car registration with VicRoads

Created a household budget?

- Weekly spend
- Fortnightly spend
- Annual spend

Before your bills get on top of you...

It may be a good idea to set up a payment plan or arrange to have payments come directly out of your Centrelink payment.

- Set up a bill payment plan through Centrepay or EasyPay
- Set up a bill payment plan through your utility company
- Organise temporary changes to mortgage repayments
- Organise temporary changes to car loan repayments

If you urgently need to purchase another car have you considered?

- Running costs
- Repayments
- Repairs
- Whether it is suitable to take out your children? (ie: utility or tray truck)