

OPPORTUNITY SHOPS



RSPCA ANIMAL AID

Shop 4, 43 Playne Street, Frankston

Phone: 9783 5994
Mon-Fri: 9:30am - 4:00pm
Saturday: 9:30am - 12 noon
Clothing, linen, bric-a-brac, toys

BROTHERHOOD OF ST LAURENCE

1-3 Station Street, Seaford

Phone: 9786 7015
Mon-Fri: 9.30am - 4:30pm
Saturday: 9.30am - 12 noon
Clothing, linen, bric-a-brac and toys

**The Village - 195 Frankston- Dandenong Rd,
Carrum Downs**

Mon-Fri: 9:00am - 4:00pm
Saturday: 9:00am - 12 noon
Clothing, linen, bric-a-brac and toys

RED CROSS SHOP

13b Thompson Street, Frankston

Phone: 9770 2355
Mon-Fri: 9:30am - 4:30pm
Saturday: 10:00am - 3:00pm
Clothing, linen, bric-a-brac and toys

SALVATION ARMY THRIFT SHOP

33 Ross Smith Avenue, Frankston

Phone: 9781 2020
Mon-Fri: 9:30am - 4:00pm
Saturday: 9:30am - 1:00pm
Clothing, linen, bric-a-brac, toys and furniture

ST JOHN'S ANGLICAN CHURCH

4 Monterey Boulevard & Frankston
Dandenong Rd, Frankston North

Phone: 9782 0572
Monday: 9.00am - 2.00pm
Thursday: 9.00am - 2.00pm
2nd & 4th Saturday a month: 10.00am - 1.00pm

ST VINCENT DE PAUL

80-82 Young Street, Frankston

Phone: 9770 5818
Mon-Fri: 9:00am - 4:00pm
Clothing, linen, bric-a-brac, toys and furniture

152 Austin Road, Seaford

Phone: 9776 9264
Mon/Tue/Thu/Fri: 9:00am - 4.30pm
Wednesday: 8:00am - 4:00pm
Saturday: 9.00am - 12 noon
Clothing, linen, bric-a-brac, toys

**562 Frankston-Dandenong Rd, Carrum
Downs**

Phone: 9770 8669
Mon-Sat: 9:00am - 5:00pm
Clothing, linen, bric-a-brac, furniture and toys

MARKETS



FRANKSTON MARKET

Carpark, Young Street, Frankston

Every Sunday: 8:00am - 1:00pm
Entry: Gold coin donation
Clothing, bric-a-brac, toys, plants

SEAFORD FARMER'S MARKET

Broughton Street Reserve, Seaford
3rd Sunday of each month 8:00am - 1:00pm
Entry: \$2 donation

Where to Find Assistance

January 2020

In the Frankston Area



● food ● meals ● groceries ●
● op shops ● markets ●



35 Beach Street, Frankston
Phone: 9783 7284

COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

FOOD & GROCERIES



COMMUNITY SUPPORT FRANKSTON

35 Beach Street, Frankston

Phone: 9783 7284
Mon/Tue/Wed/Fri: 9:00am – 4:00pm
Thursday: 1:00pm – 4:00pm

Subject to CSF assessment of financial crisis, help may be provided in the form of overnight groceries, and assistance obtaining other basic living essentials. An appointment is recommended. Bring supporting documentation to the interview.

PLEASE NOTE: Reduced opening hours in January – please refer to www.frankston.net for times

PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents

Tuesday Food Pantry: 10.00am - 1.45pm

(Must phone between 10.00am-3.00pm on Monday, Wednesday or Thursday for an appointment)

EMERGENCY FOOD RELIEF

Mon/Wed/Thu: 10.00am – 3.00pm

Please phone Church Office for bookings on 5971 4877 between 10.00am-3.00pm on Monday, Wednesday or Thursday.

PLEASE NOTE: Food may not always be available

ST. VINCENT DE PAUL

**Please call 9769 6060 to arrange a visit
LIMITED VISITS EACH DAY**

Please ring at 9:00am to arrange a visit
Catholic volunteer workers visit the client's home and assess level of assistance needed. Available to Frankston, Frankston North, Skye, Langwarrin and Seaford residents (up to Armstrongs Road) and Carrum Downs residents west of McCormick's Road.

Other areas phone: 5995 0211 OR 1800 305 330

FREE MEALS - FRANKSTON



MONDAY - SATURDAY

Theodora's Cheerful Givers - Karingal

1/12-16 Govan Street, Seaford

Phone: 0413 807 763

Mon-Fri: 9.00am - 5.00pm

Saturday: 9.00am - 12.00 noon

Take away food (includes fruit/vegetables/bread)

MONDAY - FRIDAY

Breakky Club - 7.00-8.00am

Bunurong Restaurant - Building N

Cnr Smyth & Oates Street, Frankston

TUESDAY

John Paul College Food Van - 5:00-7:00pm

Young Street Carpark (next to Tasman Meats)

Food parcels, tea, coffee, soup

WEDNESDAY

Uniting Church - Phone: 9783 3400

16-18 High Street, Frankston

Free sausage sizzle: 12:00 noon - 1:00pm

Wildpath- 6:00 - 8:00pm

Coffee/food hampers - Young Street car park

Sikh Volunteers Australia – 7.00-8.00pm

Young Street car park (next to Tasman Meats) Free

freshly cooked vegetarian take-away meal

THURSDAY

John Paul College Food Van - 6:00 – 8:00pm

Young Street Carpark (next to Tasman Meats) Food

parcels, tea, coffee, soup

FRIDAY

Lifegate Inc Food Van - 7:15 – 9:30pm

Young Street car park (next to Tasman Meats)

Usually available 1st and 3rd Friday of the month

Braaap Motorcycles – 12.00noon – 1.00pm

35 Playne St, Frankston – free sausage in bread

Reclink – Beauty Park - 12.00 noon – 1.00pm

Free sausage sizzle and game of footy

Salvation Army, Carrum Downs - 9775 1915

Food Distribution: 11.00-1.00pm

1 Firth Close (1265 Frankston-Dandenong Road)

Canteen: Lunch from \$2 (Tuesday-Friday)

SATURDAY

Sikh Volunteers Australia - 7.00-8.00pm

Young Street car park - free vegetarian meals

FOOD — OTHER AREAS



PANTRY 5000

Phone Parish office: 9772 1251

Postcodes - 3195, 3196, 3197, 3198, 3201

Wednesday: 9:30am – 1:00pm

Cnr Poulson St & McLeod Rd, Carrum

To receive a hamper you need:

- Current Health Care card
- Support Agency referral
- An interview so staff can provide the level of food support you need

YOUR PANTRY

3-5 Blantyre Avenue, Chelsea

Chelsea Community Church of Christ

Monday: 9:00am-12:30pm

Wednesday: 7:30am-1:00pm

(Take-away available)

For more information please call 9773 0301

FRESH FOOD



ST MARK'S UNITING CHURCH

50 Barkly Street, Mornington

Thursday: 10:00am

Phone: 5975 1943

Free fresh food donated by farmers, wholesalers, markets and supermarkets

MEALS — OTHER AREAS



TUESDAY

Matts Place, St Chad's Church

10 Thames Promenade, Chelsea

Lunch: 11:30am – 1:00pm

Free hot lunch for homeless, disadvantaged or lonely people

WEDNESDAY

Chelsea Church of Christ

3-5 Blantyre Avenue Chelsea

Breakfast: 7:30- 9:45am

(In partnership with Chelsea Uniting Church)

St Macartan's Parish

4 Drake Street, Mornington

Dinner: 7:00 - 9:00pm

Phone: 5975 2200