

# Gambling Problems?

March 2019

**Information for individuals, family members and friends affected by gambling**

## ▶▶▶ Gamblers Help

Advice and confidential support.

**Free Call: 1800 858 858**

**Web: [gamblershelp.com.au](http://gamblershelp.com.au)**

**Hearing Impaired: TTY 133677**

24 hours, 7 days a week. Multilingual.  
Calls will not be listed on your phone bill.

**Web: [problemgambling.vic.gov.au](http://problemgambling.vic.gov.au)**

## ▶▶▶ Gamblers Help (Southern area)

Confidential, free, professional support for gamblers and their families.

**To make an appointment phone: 9575 5353**

**Time: 9:00am – 5:00pm weekdays**

**Web: [gamblershelpsouthern.org.au](http://gamblershelpsouthern.org.au)**



35 Beach Street, Frankston  
Phone: 9783 7284

[www.frankston.net](http://www.frankston.net)

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▶▶▶▶ **Gamblers Anonymous**  
**Phone: 9696 6108**  
**Web: [www.gaaaustralia.org.au](http://www.gaaaustralia.org.au)**  
**Email: [ga\\_victoria@hotmail.com](mailto:ga_victoria@hotmail.com)**

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**Email: [gam-anon@live.com.au](mailto:gam-anon@live.com.au)**

▶▶▶▶ **Crown Responsible Gaming  
Support Centre**  
**Phone: 1800 801 098**  
24 hours, 7 days a week

▶▶▶▶ **AHA Self Exclusion Program**  
**Phone: 9654 3491**  
24 hour answering service

▶▶▶▶ **Lifeline**  
**Phone: 131 114**  
**Web: [www.lifeline.org.au](http://www.lifeline.org.au)**

▶▶▶▶ **Suicide Helpline Victoria**  
**Phone: 1300 651 251**  
**Web: [www.suicidehelpline.org.au](http://www.suicidehelpline.org.au)**

▶▶▶▶ **Kids Help Line**  
**Phone: 1800 551 800**  
**Web: [www.kidshelpline.com.au](http://www.kidshelpline.com.au)**

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