



### Frankston Youth Central

60A Playne Street, Frankston  
(next to Frankston Library)

**Phone:** 9768 1366

**Hours:** Monday – Friday  
10am – 5pm

**Website:** [www.frankston.vic.gov.au/youth](http://www.frankston.vic.gov.au/youth)

#### Service Provided:

Young people aged 12-24 years who live, work or study in the Frankston municipality can get free support, information and referrals from experienced youth workers.



### Southern Hepatitis/HIV/AIDS Referral & Prevention Services (SHARPS)

20 Young Street, Frankston

**Phone:** 9784 7409

**Hours:** Monday - Friday  
9am - 5pm  
No appointment necessary

#### Service Provided:

- Needle and syringe program located in Frankston with an evening outreach service
- Advice, referral, support, information

#### Evening Mobile Outreach Service

*Covering Frankston, Dandenong, Springvale and surrounding areas.*

**FREE CALL: 1800 642 287**

**Hours:** Operating seven nights a week from 6.30pm - 9.30pm



### Frankston Priority Care Centre

Shop 1-3, 49 Beach Street Frankston

**Phone:** 9119 1077

**Hours:** Open 7 days a week  
8am - 10pm

#### Service Provided:

Medicare Urgent Care Clinic providing free, high quality care for urgent but non-life threatening injuries and illnesses. Supporting Frankston Hospital Emergency Department



### SECADA

314a Thomas Street, Dandenong

**Phone:** 1800 142 536

**Website:** [www.secada.org.au](http://www.secada.org.au)

#### Service Provided:

Secada is a leading provider of alcohol and drug services for the South East Catchment of Melbourne. It is a single point of contact for a large network of specialist services which support youth and adults with a range of alcohol and drug concerns.



### Windana Drug and Alcohol Recovery

88 Alma Road, St Kilda East, 3183

**Phone:** 9529 7955

**Hours:** Monday - Friday  
9am - 4.30pm

**Website:** [www.windana.org.au](http://www.windana.org.au)

#### Service Provided:

Windana provides holistic services for people experiencing challenges with alcohol and other drugs, family violence and mental health.

# Drug & Alcohol Problems

February 2024

## Where to find assistance



## Contact details of services which may be able to help



35 Beach Street, Frankston  
Phone: 9783 7284  
[www.frankston.net](http://www.frankston.net)



### **AA - Alcoholics Anonymous**

Meetings held every day, at varying times, in different locations throughout Frankston.

Visit the website to find a meeting.

**Phone:** 1300 222 222  
**24 Hour HELP LINE**  
**Website:** [www.aamelbourne.org.au](http://www.aamelbourne.org.au)



### **Al-Anon & Alateen**

For partners, parents, children and friends of people affected by alcohol abuse. AL-ANON helps you cope with living with the problem drinking of someone close.

Visit the website to find a meeting.

**Phone:** 9629 8900 (Victoria Office)  
**Hours:** Monday - Friday  
10.30am - 2.30pm  
**Website:** [www.al-anon.org.au](http://www.al-anon.org.au)



### **Alcohol & Drug Counselling Online**

Counselling online is a free and confidential service that provides 24/7 support to people across Australia affected by alcohol or drug use.

**Phone:** 1800 888 236 - FREE CALL  
**Hours:** 24 hours, 7 days a week  
**Website:** [www.counsellingonline.org.au](http://www.counsellingonline.org.au)



### **Frankston and Mornington Drug & Alcohol Service (FaMDAS)**

Frankston Integrated Health Centre (FIHC)  
2 Hastings Road, Frankston  
(Next to Frankston Hospital)

**Phone:** 1300 665 781  
**Hours:** 24 hours, 7 days a week  
[www.peninsulahealth.org.au/services/alcohol-and-other-drug-services/](http://www.peninsulahealth.org.au/services/alcohol-and-other-drug-services/)

#### **Service Provided:**

FaMDAS is the central intake point for Alcohol and Other Drug (AOD) services across Frankston and the Mornington Peninsula. The service offers a range of treatment and support for people and their families experiencing difficulties relating to their use of Alcohol and Other Drugs.

All services provided by FaMDAS are strictly confidential and free unless otherwise stated.

- Counselling
- Non-residential Withdrawal
- Care Coordination
- Community Outreach
- Peer Support Groups
- Support for older adults
- Support for young people
- Drink or Drug Drive Training Courses (not free)



### **Youth Support and Advocacy Service (YSAS)**

62 Playne Street, Frankston  
(next door to Frankston Library)

**Phone:** 9769 6419  
**Website:** [www.ysas.org.au/frankston](http://www.ysas.org.au/frankston)

#### **Service Provided:**

Drug and alcohol services for young people aged 12 - 25 experiencing significant problems related to their drug and/or alcohol use. YSAS work closely with the person involved, opening up opportunities and helping them gain the knowledge and skills they need to live more optimistically and reduce drug-related harms.

#### **Outreach Support is also available. An Outreach worker can help by:**

- Assessing your needs and making a support plan with you
- Alcohol and other drugs support and education
- Referrals and linkages
- Practical support (getting Centrelink sorted, organising a doctor's appointment)
- Family support
- General counselling
- Justice support
- Harm minimization