

OPPORTUNITY SHOPS



RSPCA ANIMAL AID

Shop 4, 43 Playne Street, Frankston

Phone: 9783 5994

Monday-Friday - 9:30am-4:00pm

Saturday - 9:30am-12 noon

Clothing, linen, bric-a-brac, toys

BROTHERHOOD OF ST LAURENCE

1-3 Station Street, Seaford

Phone: 9786 7015

Monday—Friday - 9.30am-4:30pm

Saturday - 9.30am-12 noon

Clothing, linen, bric-a-brac and toys

The Village - 195 Frankston-Dandenong Rd, Carrum Downs

Monday - Friday - 9:00am-4:00pm

Saturday - 9:00am-12 noon

Clothing, linen, bric-a-brac and toys

RED CROSS SHOP

13b Thompson Street, Frankston

Phone: 9770 2355

Monday - Friday - 9:30am-4:30pm

Saturday - 10:00am-3:00pm

Clothing, linen, bric-a-brac and toys

SALVATION ARMY THRIFT SHOP

33 Ross Smith Avenue, Frankston

Phone: 9781 2020

Monday—Friday - 9:30am-4:00pm

Saturday - 9:30am-1:00pm

Clothing, linen, bric-a-brac, toys and furniture

VINNIES

80-82 Young Street, Frankston

Phone: 9770 5818

Mon — Fri 9:00am-4:00pm

Clothing, linen, bric-a-brac, toys and furniture

152 Austin Road, Seaford

Phone: 9776 9264

Mon, Tues, Thurs, Fri - 9:00am-4.30pm

Wed 8:00am-4:00pm

Sat 9.00am-12 noon

Clothing, linen, bric-a-brac, toys

562 Frankston-Dandenong Rd, Carrum Downs

Phone: 9770 8669

Mon — Sat 9:00am-5:00pm

Clothing, linen, bric-a-brac, furniture and toys

ST. JOHN'S ANGLICAN CHURCH OPPORTUNITY SHOP

4 Monterey Boulevard & Frankston Dandenong Rd, Frankston North

Phone: 9782 0572

Monday - 9.00am - 2.00pm

Thursday - 9.00am - 2.00pm

2nd & 4th Saturday a month 10.00am - 1.00pm

MARKETS



FRANKSTON MARKET

Carpark, Young Street, Frankston

Every Sunday: 8:00am-1:00pm

Entry: Gold coin donation

Clothing, bric-a-brac, toys, plants

SEAFORD FARMER'S MARKET

Broughton Street Reserve, Seaford

3rd Sunday of each month 8:00am-1:00pm

Entry: \$2 donation

COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

Where to find assistance

May 2019

In the Frankston area



● food ● meals ● groceries ●
● op shops ● markets ●



35 Beach Street, Frankston
Phone: 9783 7284

FOOD & GROCERIES

COMMUNITY SUPPORT FRANKSTON

35 Beach Street, Frankston

Phone: 9783 7284

MON, TUES, WED, FRI: 9:00am – 4:00pm

THURSDAY: 1:00pm – 4:00pm

Subject to CSF assessment of financial crisis, help may be provided in the form of overnight groceries, and assistance obtaining other basic living essentials. An appointment is recommended. Bring supporting documentation to the interview.

* PLEASE NOTE: Reduced opening hours in January - refer to www.frankston.net for times

PENINSULA CHRISTIAN CARE

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents

TUESDAY Food Pantry - 10.00am - 1.45pm
(Must phone between 10.00am - 3.00pm on Mon/Wed/Thurs/Fri for an appointment)

EMERGENCY FOOD RELIEF - 10.00am - 3.00pm

Monday, Wednesday & Thursday -

Please phone Church Office for bookings on 5971 4877 between 10.00am - 3.00pm on Mon/Wed/Thurs/Fri.

Food may not always be available

SOCIETY OF ST. VINCENT DE PAUL

Phone: 9769 6060 to arrange a visit

LIMITED VISITS EACH DAY

Please ring at 9:00am to arrange a visit

Catholic volunteer workers visit the client's home and assess level of assistance needed.

Available to Frankston, Frankston North, Skye, Langwarrin and Seaford residents (up to Armstrongs Road) and Carrum Downs residents west of McCormick's Road.

Other areas phone: 5995 0211 OR 1800 305 330

FREE MEALS — FRANKSTON

MONDAY - SATURDAY

Theodora's Cheerful Givers - Karingal -
24 Whitford Way, Frankston - 5 days a week -
9.00am - 5.00pm & Sat - 9.00am - 12.00 noon
Take away food - includes fruit/veg/bread

MONDAY - FRIDAY

Breakky Club - 7.00 - 8.00am
Bunurong Restaurant - Building N
Cnr Smyth and Oates St, Frankston

TUESDAY

John Paul College Food Van - 5:00 —
7:00pm
Cnr Clyde & Station Street, Frankston
(Food parcels, tea, coffee, soup)

WEDNESDAY

Uniting Church - Phone: 9783 3400
16-18 High Street, Frankston
Free sausage sizzle 12:00 noon — 1:00pm

Wildpath- 6:00 - 8:00pm - coffee & food hampers
Young Street car park (next to Tasman Meats)

Sikh Volunteers Australia

Food Van - 6.30 — 7.30pm - Frankston
Young Street car park (next to Tasman Meats)
Free freshly cooked vegetarian take-away meal

FRIDAY

Lifegate Inc Food Van - 7:15 — 9:30pm
Young Street car park (next to Tasman Meats)
Usually available - 1st and 3rd Friday of the month

Salvation Army, Carrum Downs -
11.00-1.00pm - Food Distribution
1 Firth Close (1265 Frankston-Dandenong Road)
Phone: 9775 1915
Canteen - Lunch from \$2 (Tuesday-Friday)

SATURDAY

Sikh Volunteers Australia - 6.30 - 7.30pm
Young Street - free vegetarian meals

FOOD — OTHER AREAS

PANTRY 5000

Phone Parish office: 9772 1251

Postcodes - 3195, 3196, 3197, 3198, 3201

WEDNESDAY - 9:30am – 1:00pm

St Aidan's Church Hall

Cnr Poulson St & McLeod Rd, Carrum

To receive a hamper you need:

- Current Health Care card
- Support Agency referral
- An interview so staff can provide the level of food support you need

YOUR PANTRY

3-5 Blantyre Avenue, Chelsea

Chelsea Community Church of Christ

MONDAY - 9:00am – 12:30pm

WEDNESDAY - 7:30am – 1:00pm

(Take-away available)

For more information please call 9773 0301

FRESH FOOD

ST MARKS UNITING CHURCH

THURSDAY - 10:00am

50 Barkly Street, Mornington

Phone: 5975 1943

Free fresh food donated by farmers, wholesalers, markets and supermarkets

MEALS — OTHER AREAS

TUESDAY:

Matts Place, St Chad's Church
10 Thames Promenade, Chelsea
Lunch - 11:30am – 1:00pm

Free hot lunch for homeless, lonely or disadvantaged people

WEDNESDAY:

Chelsea Church of Christ
3-5 Blantyre Avenue Chelsea
(100 metres from Chelsea Railway)
Breakfast - 7:30- 9:45am
(in partnership with Chelsea Uniting Church)

St Macartan's Parish
4 Drake Street, Mornington
Dinner - 7:00 – 9:00pm

Phone: 5975 2200