



Personal Crisis Information

Alcoholics Anonymous (AA)	9429 1833
Beyond Blue Depression Initiative	1300 224 636
C.A.T. Team Emergency (24 Hr)	1300 792 977
Crisis Accommodation (24 hour)	9792 0750
Dental Emergency	1300 360 054
DHS General Enquiries	1300 650 172
Drugs Helpline	1800 888 236
Domestic Violence (Support)	9781 4658
Family Violence Crisis Service	9791 6111
(After hours and weekends)	0400 503 338
Hepatitis C Helpline	1800 800 241
Kids Help Line	1800 551 800
Lifeline (24 hour)	131 114
Mensline (Crisis Support for Men)	1300 789 978
Missing Persons	1800 000 634
Nurse on Call	1300 606 024
Peninsula Crisis Contact Centre	9784 5050
Psychiatric Advice Line (24 hour)	1300 792 977
SalvoCare Eastern	9784 5050
Sexual Assault Crisis Line	1800 806 292
Suicide Callback Service	1300 659 467
Suicide Helpline (Vic)	1300 651 251
Victims of Crime Helpline	1800 819 817
Women's DV Crisis Service	9322 3555
(24 hour or Toll Free)	1800 015 188

HOMELESS ADVOCACY SERVICE 1800 066 256



Community Support Frankston (CSF)

may be able to offer you limited assistance. Before we can help you, it is important let our trained volunteer community workers know the full details of your situation so they can work with you to achieve the best outcome.

OPEN HOURS

Monday	9:00am — 4:00pm
Tuesday	9:00am — 4:00pm
Wednesday	9:00am — 4:00pm
Thursday	1:00pm — 4:00pm
Friday	9:00am — 4:00pm

9783 7284

or contact us via email:
csf@frankston.net

35 Beach Street, Frankston



COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

Homeless in Frankston

November 2018

information & services



- free hot meals ●
- showers ● clothing ●
- health clinic ●
- crisis contacts ●



▶▶▶▶ Free Hot Meals

MONDAY

Brekky Club - 7-8am

Bunurong Restaurant - Building N
Cnr Smyth and Oates St Frankston

TUESDAY

John Paul College Food Van -5pm-7pm

Cnr Clyde & Station Street, Frankston (Food parcels, tea, coffee, soup, non perishables)

WEDNESDAY

Uniting Church - Phone: 9783 3400

16-18 High Street, Frankston
Free sausage sizzle 12:15pm — 1:00pm

Wildpath-6pm-8pm-Coffee & Food Hampers

Young St carpark (Next to Tasman meats)

Sikh Volunteers Australia

Food Van - 6.30pm - 7.30pm
Young St car park-next to Tasman meats
Free freshly cooked vegetarian take-away

Salvation Army-Carrum Downs-12pm-1pm

1265 Frankston-Dandenong Rd
Phone: 9775 1915 - Canteen & Supermarket

THURSDAY

Brekky Club - 7-8am

Bunurong Restaurant - Building N -
Cnr Smyth and Oates St Frankston

Community BBQ - Free Sausage Sizzle

12noon - 2pm - Beauty Park, Frankston

Theodora's Cheerful Givers - Karingal

24 Whitford Way, Frankston

FRIDAY

Lifegate Inc. Food Van-7pm — 9pm

Young Street, carpark next to tasman meats.
Usually available-1st & 3rd Friday of month.

SATURDAY

Sikh Volunteers Australia -6.30pm-7.30pm

Young Street car park - Vegetarian

▶▶▶▶ Emergency Accommodation

SalvoCare Eastern (Salvation Army)

37 Ross Smith Ave, Frankston

Phone: 9784 5050 (8.30am to 5.30pm)

After hours Toll Free: 1800 825 955

▶▶▶▶ Free General Health Service

Run by **RDNS Homeless Persons Program** and
SalvoCare Eastern

37 Ross Smith Ave East, Frankston

Monday: 9:30am — 12:00pm

Community Support Frankston

35 Beach St, Frankston

Thursday: 1:00pm — 4.00pm

▶▶▶▶ Free Gas BBQ's

(with distances from Frankston Station)

- Kananook Creek Reserve, South of Life Saving Club, Frankston (0.7km)
- Frankston Pier Precinct, Nepean Hwy, South Frankston (0.9km and 1.2km)
- George Pentland Gardens, behind Frankston Hospital (1.2km and 1.5kms)

▶▶▶▶ Free Clothing

Salvation Army Family Stores
17 Thompson Street, Frankston

Phone: 9770 2549

Monday — Friday: 9:00am — 5:30pm

Saturday: 9:00am — 5:00pm

NOTE: Crisis Centre referral needed for "Free of charge" clothing.

▶▶▶▶ Free Laundry Vouchers

Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

Assessment required. Vouchers are redeemable at Bubbles on Beach Laundrette.

Chelsea Community Church of Christ

Wednesdays 7:30am - 9 am

Washing and drying facilities available.

3-5 Blantyre Avenue Chelsea

▶▶▶▶ Legal Advice

Homeless Persons Legal Clinic

Legal assistance for people who are homeless or at risk of being homeless in Victoria:

8636 4408 or TOLL FREE: 1800 606 313

▶▶▶▶ Free Clinic for Pets

Frankston "Pets in the Park"

Frankston Park Football Oval

High St, Frankston, Next to Grandstand

Last Sunday in the month 2:00pm - 4:00pm

SERVICE IS BY REFERRAL ONLY.

For more details, contact Community Support Frankston on 9783 7284.

This project is run by local vets & volunteers.

It provides free advice and basic medical care for pets owned by people who are homeless or are at risk of becoming homeless.

▶▶▶▶ Free Showers

Clean as Casper @

Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

WEDNESDAY

Onevoice

Young St carpark (next to Tasman meats)

Chelsea Community Church of Christ

Hot Showers - 7:30am - 9 am

3-5 Blantyre Avenue Chelsea

Privacy Assured, toiletries & towels provided.

▶▶▶▶ Free Internet

Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

Mon — Wed and Friday: 9:00am — 4:00pm

Thursday: 1:00pm — 4:00pm.

Can pre-book one hour time blocks.

Frankston Library

60 Playne Street, Frankston

Phone: 9784 1020