



Personal Crisis Information

Alcoholics Anonymous (AA)	9429 1833
Beyond Blue Depression Initiative	1300 224 636
Crisis Accommodation	9792 0750
Toll Free (24 hour)	1800 825 955
Dental Emergency	1300 360 054
DHS General Enquiries	1300 650 172
Drugs Helpline	1800 888 236
Domestic Violence (Support)	9781 4658
Family Violence Crisis Service	9791 6111
(After hours and weekends)	0400 503 338
Hepatitis C Helpline	1800 800 241
Kids Help Line	1800 551 800
Lifeline (24 hour)	131 114
Mensline (Crisis Support for Men)	1300 789 978
Mental Health Triage Service	1300 792 977
Missing Persons	1800 000 634
Nurse on Call	1300 606 024
Psychiatric Advice Line (24 hour)	1300 792 977
SalvoCare Eastern	9784 5050
Sexual Assault Crisis Line	1800 806 292
Suicide Callback Service	1300 659 467
Suicide Helpline (Victoria)	1300 651 251
Victims of Crime Helpline	1800 819 817
Women's DV Crisis Service	9322 3555
(24 hour or Toll Free)	1800 015 188

HOMELESS ADVOCACY SERVICE 1800 066 256



Community Support Frankston (CSF)

may be able to offer you limited assistance. Before we can help you, it is important to let our trained volunteer community workers know the full details of your situation so they can work with you to achieve the best outcome.

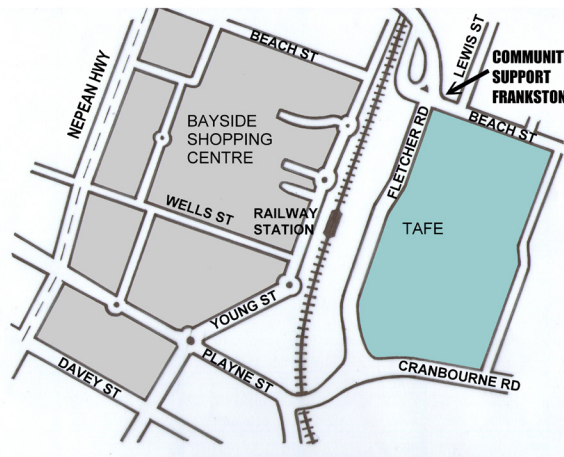
OPEN HOURS

Monday	9:00am — 4:00pm
Tuesday	9:00am — 4:00pm
Wednesday	9:00am — 4:00pm
Thursday	1:00pm — 4:00pm
Friday	9:00am — 4:00pm

9783 7284

or contact us via email:
csf@frankston.net

35 Beach Street, Frankston



COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

Homeless in Frankston

March 2019

information & services



- free hot meals ●
- showers ● clothing ●
- health clinic ●
- crisis contacts ●



▶▶▶▶ Free Hot Meals

MONDAY - SATURDAY

Theodora's Cheerful Givers - Karingal -

24 Whitford Way, Frankston - 5 days a week -
9.00am - 5.00pm & Sat - 9.00am - 12.00 noon
Take away food - includes fruit/veg/bread

MONDAY - FRIDAY

Breakky Club - 7.00 - 8.00am

Bunurong Restaurant - Building N
Cnr Smyth and Oates St, Frankston

TUESDAY

John Paul College Food Van - 5:00 — 7:00pm

Cnr Clyde & Station Street, Frankston
(Food parcels, tea, coffee, soup)

WEDNESDAY

Uniting Church - Phone: 9783 3400

16-18 High Street, Frankston
Free sausage sizzle 12:00 noon — 1:00pm

Wildpath- 6:00 - 8:00pm - coffee & food hampers

Young Street car park (next to Tasman Meats)

Sikh Volunteers Australia

Food Van - 7.00 — 8.00pm - Frankston
Young Street car park (next to Tasman Meats)
Free freshly cooked vegetarian take-away meal

FRIDAY

Lifegate Inc Food Van - 7:15 — 9:30pm

Young Street car park (next to Tasman Meats)
Usually available - 1st and 3rd Friday of the month

Salvation Army, Carrum Downs - 11.00-1.00pm

1265 Frankston-Dandenong Road
Phone: 9775 1915 - Canteen & Supermarket

SATURDAY

Sikh Volunteers Australia - 7.00 - 8.00pm

Young Street - free vegetarian meals

▶▶▶▶ Emergency Accommodation

SalvoCare Eastern (Salvation Army)

Address: 37 Ross Smith Ave, Frankston
Phone: 9784 5000 (8.30am to 5.30pm)

A/H Toll Free: 1800 825 955

▶▶▶▶ Free General Health Service

Run by RDNS Homeless Persons Program & SalvoCare Eastern

Address: 37 Ross Smith Ave East, Frankston

Monday: 9:30am — 12:00 noon

Community Support Frankston

Address: 35 Beach Street, Frankston

Thursday: 1:00 — 4.00pm

▶▶▶▶ Free Gas BBQ's

(with distances from Frankston Station)

- Kananook Creek Reserve, south of Life Saving Club, Frankston (0.7km)
- Frankston Pier Precinct, Nepean Highway, South Frankston (0.9km and 1.2km)
- George Pentland Gardens, behind Frankston Hospital (1.2km and 1.5kms)

▶▶▶▶ Free Clothing

Salvation Army Family Stores

Address: 17 Thompson St, Frankston -

Phone: 9770 2549

Monday — Friday: 9:00am — 5:30pm

Saturday: 9:00am — 5:00pm

NOTE: Crisis Centre referral needed for "free of charge" clothing.

▶▶▶▶ Free Laundry / Vouchers

Community Support Frankston

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Assessment required. Vouchers are redeemable at Bubbles on Beach Laundrette.

Chelsea Community Church of Christ

Address: 3-5 Blantyre Avenue Chelsea

Wednesdays: 7:30 - 9.00am

Washing and drying facilities available

Orange Sky Laundry

(Community Support Frankston)

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Free clothes washing & drying

Wednesdays 1.00-3.00pm

▶▶▶▶ Legal Advice (Homeless Persons)

Legal Clinic for people who are homeless or at risk of being homeless in Victoria:

Phone: 8636 4408 or TOLL FREE: 1800 606 313

▶▶▶▶ Free Clinic for Pets

Frankston "Pets in the Park"

Frankston Park Football Oval,
High Street, Frankston (next to Grandstand)
Last Sunday each month - 2:00 - 4:00pm

SERVICE IS BY REFERRAL ONLY

For more details, contact Community Support Frankston on 9783 7284

This project is run by local vets and volunteers. Provides free advice and basic medical care for pets owned by people who are homeless or at risk of becoming homeless.

▶▶▶▶ Free Showers

Clean as Casper

(Community Support Frankston)

(On hold indefinitely)

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Onevoice

Young Street car park (next to Tasman Meats)

Wednesdays: 6.30 - 7.30 pm

Chelsea Community Church of Christ

Hot Showers

Address: 3-5 Blantyre Avenue, Chelsea

Wednesdays: 7:30 - 9.00am

Privacy assured - toiletries & towels provided

▶▶▶▶ Free Internet

Community Support Frankston

Address: 35 Beach Street, Frankston

Phone: 9783 7284

Mon, Tue, Wed, Fri: 9:00am — 4:00pm

Thursday: 1:00pm — 4:00pm.

Can pre-book one hour time blocks

Frankston Library

Address: 60 Playne Street, Frankston

Phone: 9784 1020